| Sunday  | Monday   | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday   |
|---|--|---|--|---|---|--|
|   | Sample Calenda   | e<br>ar   | 9:15 Aqua Fit – P 10 & 11 Total Body Workout   | 9:45 Rebus – GR 10:00 Depart to Stratford Festival – MP 10 & 11 Total Body Workout – MP Bands) 1:30 Art Workshop – GR 2:00 Fall Prevention – MP 3:30 Intro AI – MP 7:30 New Movie – T | 9:30 Chair Yoga w/Paroma – MP 1:30 Docu-series – T 6:30 Bistro Hour w/ Patricia   | 10:30 Short Story Group A - Zoom 1:30 Concert on Screen - T 1:30 Bridge - GR 2:00 Scrabble - GR 3:00 Sing-A-Long - B 7:30 Drama - T      |
| 1:30 Enrichment Lecture – T 2:00 Dog Therapy – 3 <sup>rd</sup> Floor 3:00 Snooker – GR 7:30 Best Picture Oscar – T                              | 1:30 Bridge – GR 1:30 National Geographic – T 2:00 Move it to the Beat w/ Carolyn – MP 3:30 In-Person Presentation – MP 7:30 Movie – T   | Vendor: Jewellery 10-4 10 & 11 Total Body Workout  – MP (Bands) 10 - 12 1:1 Tech Time  – By sign up 2:00 Fall Prevention – MP 3:00 Info Session w/ Life Enrichment – MP 7:30 New Movie – T  | 5th Floor Tuck Shop 2:30-3:30  9:15 Aqua Fit – P 10 & 11 Total Body Workout – MP (Weights)  1:30 Bridge – GR 2:45 Church & Communion – MP 4-5 Happy Hour: Manager's Mix & Mingle – B 7:30 Musical/Comedy – T                     | 9:45 Rebus – GR 10 & 11 Total Body Workout – MP (Bands) 1:30 Art Workshop – GR 2:00 Fall Prevention – MP 4:00 Yiddish Schmooze – T 6:30 Depart for TSO 7:30 New Movie – T             | 9:30 Chair Yoga w/Paroma – MP 1:30 Docu-series – T 4:00 Trivia Hour w/lan Thompson – MP 6:30 Bistro Hour w/ Patricia Duffy – B 7:45 Mys/Adv/Crime – T | 11 10:30 Short Story Group B - T 1:30 Concert on Screen - T 1:30 Bridge - GR 2:00 Scrabble - GR 3:00 Sing-A-Long - B 7:30 Drama - T      |
| 1:30 Enrichment Lecture – T 2:00 Dog Therapy – 3 <sup>rd</sup> Floor 3:00 Snooker – GR 3:30 Live Entertainment – MP 7:30 Bost Picture Oscar – T | 9:15 Aqua Fit – P 10 & 11 Total Body Workout – MP (Weights) 1:30 Bridge – GR 1:30 National Geographic – T 2:00 Move it to the Beat w/ Carolyn – MP 3:30 In-Person Presentation – MP 7:30 Movie – T                                   | 10 & 11 Total Body Workout  — MP (Bands)  10 - 12 1:1 Tech Time  — By sign up  2:00 French Social – 14 <sup>th</sup> FL  2:00 Fall Prevention – MP  4:00 Current Events w/ Christopher DiCarlo – Zoom  7:30 New Movie – T                           | 5th Floor Tuck Shop<br>2:30-3:30<br>9:15 Aqua Fit – P<br>10 & 11 Total Body Workout<br>– MP (Weights)<br>10:00 Soulpepper Theatre – MP<br>1:30 Bridge – GR<br>4-5 Happy Hour: "Trivia &<br>Tunes" – B<br>7:30 Musical/Comedy – T | 9:45 Rebus – GR 10 & 11 Total Body Workout – MP (Bands) 1:30 Art Workshop – GR 2:00 Fall Prevention – MP 3:00 Tea Social – Bistro 7:30 New Movie – T                                  | Vendor: Fashion 10:00- 4:00 9:30 Chair Yoga w/Paroma – MP 1:30 Docu-series – T 5-8 Casino Night w/Dinner – DR 7:45 Mys/Adv/Crime – T                  | 10:30 Short Story Group A - Zoom  1:30 Concert on Screen - T  1:30 Bridge - GR  2:00 Scrabble - GR  3:00 Sing-A-Long - B  7:30 Drama - T |
| 1:30 Enrichment Lecture – T<br>2:00 Dog Therapy – 3 <sup>rd</sup> Floor   | 9:15 Aqua Fit – P 10 & 11 Total Body Workout – MP (Weights) 1:30 Bridge – GR 1:30 National Geographic – T 1:15 Depart for McMichael Gallery 2:00 Move it to the Beat w/ Carolyn – MP 3:30 In-Person Presentation – MP 7:30 Movie – T | 10 & 11 Total Body Workout  - MP (Bands)  10 - 12 1:1 Tech Time  - By sign up  12:00 Kitchen Tour w/ Chef - Lobby  - By Sign Up  2:00 French Social - 14 <sup>th</sup> FL  2:00 Fall Prevention - MP  4:00 Resident Social - GP  7:30 New Movie - T | 5 <sup>th</sup> Floor Tuck Shop<br>2:30-3:30<br>9:15 Aqua Fit - P<br>10 & 11 Total Body Workout - MP<br>(Weights)<br>1:30 Bridge - GR<br>1:30 Play Reading - T<br>3:30 In-Person Presentation - MP<br>7:30 Musical/Comedy - T    | 9:45 Rebus – GR 10 & 11 Total Body Workout – MP (Bands) 1:30 Art Workshop – GR 2:00 Fall Prevention – MP 3:00 Tea Social – Bistro 4:00 Yiddish Schmooze – T 7:30 New Movie – T        | 9:30 Chair Yoga w/Paroma – MP 1:30 Docu-series – T 3:00 Hands on Exotic – MP 6:30 Bistro Hour w/ Patricia Duffy – B 7:45 Mys/Adv/Crime – T            | 10:30 Short Story Group B – T 1:30 Concert on Screen – T 1:30 Bridge – GR 2:00 Scrabble – GR 3:00 Sing-A-Long – B 7:30 Drama – T         |
| 3:00 Snooker – GR 3:30 Live Entertainment – MP 7:30 Best Picture Oscar – T  | 10 & 11 Total Body Workout –  MP (Weights)  1:30 Bridge – GR  1:30 National Geographic – T   | - MP (Bands)  10 - 12 1:1 Tech Time - By sign up  2:00 French Social – 14 <sup>th</sup> FL  2:00 Fall Prevention – MP  3:00 Fashion Show – MP  7:30 New Movie – T   | 5 <sup>th</sup> Floor Tuck Shop 2:30-3:30  9:15 Aqua Fit – P 10 & 11 Total Body Workout – MP (Weights) 1:30 Bridge – GR 1:30 Play Reading – T 3:00 Birthday Bash w/ Live Entertainment – MP 7:30 Musical/Comedy – T              | 9:45 Rebus – GR 10 & 11 Total Body Workout – MP (Bands) 1:30 Art Workshop – GR 2:00 Fall Prevention – MP 3:00 Tea Social – Bistro 7:30 New Movie – T                                  | 9:30 Chair Yoga w/Paroma – MP 1:30 Docu-series – T 3:00 Halloween Costume Contest – GR 6:30 Bistro Hour w/ Patricia Duffy – B 7:45 Mys/Adv/Crime – T  | AL=Alcove  |